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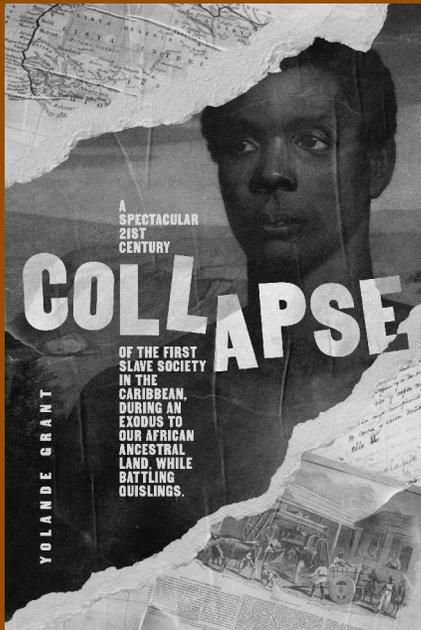
Kush Quarterly Magazine.

Malkia Wa Walfalme



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Queen of the Monarchs Empress Wuraola Oya
Embracing the Entire Global Space



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Revolutions are important as a powerful deterrent to social man-made strangulation and subsequent, brutal annihilation of opposing, sometimes, much better philosophies, competitive ideas, innovative upgrades and silencing of voices that occurs without necessary transformations. In Cuba's situation, what happened on January 1, 1959 sixty-seven (67) years ago served to define the future resilience of a people who triumphed with intellectual prowess despite all odds. A global model of unmatched volunteerism and worthy sacrifice



The insurmountable challenges experienced places the country's capacity to create and reimagine above the ordinary. More importantly, the ability to facilitate and contribute vast medical sciences, among other lifesaving aptitudes established during such a lengthy period ensures and demonstrates a dynamic population incomparable in delivery. The island has given the earth a sustainable and unbeatable global guide and roadmap to building systems of value that one can emulate, as opposed to vehicles of destructiveness showcased for far too long and now redundant for durability. A priceless lesson learned from Cuba.

We started hearing about Cuba in the 1970s in certain circles, during their service of fighting civil wars in Afrika to free Afrikans from colonial pressures. Although it was difficult to pin down what was actually happening, and why, due to lack of education outlining the sequence of events or the totality of reasons for what occurred. There was hardly a time we were not alerted to what they did, the ideology behind it, and eventually by the 1970s and 1980s, understood much better how those actions shaped our worldview, and were integral in quenching a thirst for knowledge about our hidden story. This took place during the fatal, unalterable system failures in worldwide governance that was in full swing, then further disintegrated, which we have come to abhor.

During the 1990s information became widely available about the island's medical program, the many breakthroughs in medicine, and impressive success rates, but most people were not aware in that period. The Caribbean, as were the entire world, are the main beneficiaries of those noble causes. Since the late 1970s; students from other islands, interested in medicine were tutored under the best instructors at the lowest financial rates found nowhere else.

Editorial
By Empress Wuarola Oya

Cuba's Medical Program Circa 1979

The fact that patients received the best of universal healthcare in every expanse free of charge. Whether eyecare, diabetes, cancers, orthopedics, and myriad other ailments. Patients only had to purchase a ticket to get there, which speaks volumes that Cuba is the planetary gift that unselfishly kept on giving, above and beyond. Over time we wondered why medical students trained in Cuba as doctors faced hardships and challenges to practice upon return to Barbados, or outright rejected, as there was open hostility toward reassimilation by the local medical fraternity, which never ceased. Too many who trained in North America and Europe, or other places. saw themselves as special and a cut above the rest, for some bewildering reason. A few wrote articles claiming graduated Cuban trained doctors were not as medically accomplished, yet were in demand everywhere, and always needed when administrations experienced shortages in medical staff and quality of care, or if there was unrest needing such input further afield.



These two diversions never made sense, the "better trained," obviously in their minds only, could never adequately handle the workload, there were not ever enough doctors and nurses to cover much needed healthcare distribution, an ongoing catastrophe still. The quality of care improved significantly for the last forty-eight (48) years when the Cuban program was introduced. Amazingly, Cuba trained students were under the same tutelage and applications/techniques as the best doctors in the world who trained them, so why were they underutilized? That is where all the confusion surrounding what is really happening began and became inexplicable, until the unappreciative overplayed their losing hand. The medical units are being pushed out of the Caribbean. Barbados reported, after the US determined Cuban doctors were "exploited," the island no longer had any such arrangement with Cuba, apparently not for a while. Which explains the abrupt deterioration in health care, the five (5) year wait for an eye appointment to get scheduled for cataract, glaucoma or the most minor orthopedic surgeries. You will quicker get amputation of a limb when gangrene sets in, or lose eyesight first, definitely a downhill spiral within the last eight years.

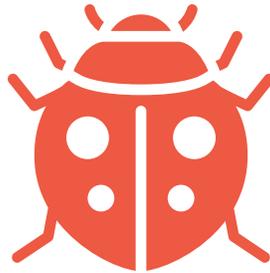
Guyana and Trinidad the Newest Shining Caricom Stars - Barbados Ejected

When the usual suspect gatecrashed the HOGGS meeting on February 25, 2026, then tried to assert dominance while projecting "I can talk the loudest, longest, so therefore I am in charge of the Caribbean and the other fellow island management," while modeling matching outfits for visual impact. On that note, the sharpest knives were brandished, they were instantly toppled from that soapbox, carved right out of the forum and had to Bolt. When colluders started jostling for regional supremacy, things turned dicey. Guyana and Trinidad swiftly grabbed the open position and took over as newly minted Caricom stars, with their master's approval. What happened next, as everything unfolded was mesmerizing, but not surprising.

Editorial

Guyana and Trinidad the Newest Shining Caricom Stars - Barbados Ejected

Over decades questions were raised about why Cuba had never integrated into the Caribbean's financial and employment systems sufficiently, as the best contributors to science, engineering, education and other essential disciplines. Why Caricom who desperately need those services, as they never fully developed a competitive educational tier in either, despite all the boasting, were not instrumental in that push to aid in further progression across the board. We understood Cuba's system of governance previously took a hardline overly restrictive, socio-fiscal approach in its citizens lives. Which is unpalatable, unenviable and now perilous: but one would think that stance had softened tremendously with the converging vulnerabilities expected to manifest at any given time over six decades of push back, and one would be right.



According to sources, plans were realized, contracts signed, willing foreign investors found, a building identified, and best of all, Cuban leadership were open to new ideas bringing significant alterations in its wake, an improvement. But months away from fruition, the startup with Cuban medical staff as primary caregivers was shelved. We can assure ourselves the decision was not for altruistic reasons, knowing the egotistical persona who took over island management in 2018 whose now famous last words, "nuh big works cahn happen widdout me," as reported, foiled any positive upward mobility for two islands and the Caribbean overall. These political minds, while lost in a domination frenzy to "take over everything", obviously cared nothing about Cuba's ascension, the citizens' well being or future; and cared even less for their own people's health. Where the lone hospital is a daily tapestry of unbroken misery, pain and suffering stories distilled on the local radio station. A generated condition released on patients that none can blame on anyone other than politicians with grandeur mania.

The questions remain, exactly what happened on that visit to Cuba prior to the 2018 election? Barbados also benefited considerably from Cuba's health care generosity for decades, so what changed in recent years that has caused the catastrophic loss of Cuba's crucial assistance, and the terrifying collapse of the island's health system? Exactly who is personally responsible for the continuing chaotic disarray in which they finally ensnared themselves, are frozen in place, and unable to move an inch in either direction to self-correct?

Het Heru (Het-Hert)

"I praise the Golden Ntchrt,
I exalt Her Majesty,
I raise high the Lady of Heaven,
I make praise for Het Heru,
And chants for My Mistress."

"Songs of Extreme Happiness,"

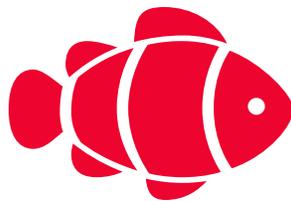
Old Period, Ancient Kemet

Excerpt taken from Spiritual Warriors are Healers by: Mfundishu Jhutyms Ka N Heru Hassan K Salim

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Queendom of Kush**

Guyana and Trinidad the Newest Shining Caricom Stars - Barbados Ejected

Not unlike the "Tek de Visa," tirade, which saw the entire region, spanning continents, as far as Afrika bearing the full brunt and negative reverberations of careless, impulsive words, and power dizzy actions, that holds far reaching, distressful consequences. The injurious end results and blowback from the vindictive vendettas of amateurs. A category five human hurricane is still on the loose, clothed in depraved dogma, in dire need of chaining. If not, this ordeal will continue to result in an ill wind blowing across the Caribbean and other nations, indefinitely.



Security Breaches and Potential Dangers Ahead for Caribbean People

A series of events lately, have propelled the over 40 million inhabitants of the Caribbean Basin to very closely monitor every and all activities of parliament dwellers. The people's security and destiny depends on analyzing every detail, filtering out meaningless political prattle, since our lives and safety are not up for sale or barter. This sentiment was brought home recently, when a regional platform posted a Youtube video wondering aloud "Are These Caribbean Leaders Losing Their Minds." Barbados has yet to recognize, respect or observe even the most basic of human rights laws relating to its local majority population, and by extension neighboring peoples across the West Indies, given recent disturbing revelations.

During the ongoing war between US, Israel and Iran, the island nevertheless, took it upon itself to castigate Iran for any perceived breach of international law concerning Arab states, unwittingly exhibiting a vacancy in perspicuity by inviting trouble to a susceptible island, singularly unable to defend itself. Suddenly, the wellbeing of a world with an unequalled sordid history against Afrikans has become their center of gravity. A dissertation is warranted.

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Security Breaches and Potential Dangers Ahead for Caribbean People

Instead of preparing the local populace for foreseeable fallout and eventualities including nuclear, food shortages etc, within the last three years known as likely to occur. The narrow concerns lay in protecting Gulf states, who have no connection to this area besides an exceptionally disturbing anti-Afrikan backstory, still ongoing on the continent today. Arab states who possess just as many available weapons and can defend themselves adequately from blitzes; but an exploitable island demanding Iran "respect international law," not for local people, when the cabinet themselves adhere to none, no recognition of local election laws, constitutional, international, regional, and never have. The out of the blue renderings certainly constitute a raised red flag. The journalist, Ernesto Cooke opined that Barbados was displaying "selective outrage."



Others called it trying to preserve and shield whatever subterfuges against Caribbean populations already invoked, in motion, with payment received. The impromptu, excessive public chastising of Iran served to emphasize and likened to expressing a sworn pledge, misplaced priorities and intense anxieties. Why else would a tiny islet with no weapons of defense, a mere borrower, bring attention to itself by trying to provoke Iran when the country is in full on war mode, hunting enemies and collaborators alike. While larger, well armed governments are steering clear because of widening and heightened escalation in attacks predicted by western analysts.

Countries like Switzerland refuse to get involved and allow jets to use its airspace, opting to stay neutral.. So what makes Barbados believe they can verbally overpower this volatile situation with scurrilous desires and a need for the limelight. They, who claimed "neutrality" in the Venezuelan/US affair, despite a personal connection. So what's the plan? fire up a ballistic missile fully loaded with pompous, empty bajan blather and aim it at Iran, or borrow armor to repay lenders later, then have to beg for ammunition. What was the point?

They cannot repay all the island's debts right now: and have no engineering capabilities to maintain baby incubators, buses or any other lifesaving equipment, let alone artillery. While the targeted country has imposing stockpiles, hypersonic and everything else to retaliate, hammer and swat any little buzzing annoyance out of its way, and into oblivion. Makes us wonder the real reasons for such wayward taunts toward Iran, and exactly who do they expect to come to the island's aid, once The Mouth elicits a response? Alas!! the deficit in brainpower. The indignity and disrepute brought to the island again, so soon on the heels of the Caricom disaster, this time on International Women's Day and Month.



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Security Breaches and Potential Dangers Ahead for Caribbean People

In case they are missing what is really occurring and the well laid expectations, Gulf states have no time for silly, swooning school girl theatrics, while in beggar mode and attempting to revive "atrocious strategies". This is not a game of checkers, and the main reason why small island politicians, with insufficient filters in place, must be very closely observed, kept firmly in line, and every word uttered heavily interrogated. When you know public employees are untrustworthy, and not mentally wrapped up too tightly, you spare no advantage to track every movement and rationales associated with an explosive unraveling.



Caricom's Ungratefulness

In direct contrast to Cuba, there is no memory whatsoever when those charged with managing the group of islands cyclically, but individually, through election processes have shown appreciation for the people/taxpayers whose very existence is responsible for their status climbing attainment. They never saw the need to satisfactorily elevate education or any other regimen, beyond the mediocre, everything is kept stuck within the confines of a colonial template, as this suits only their agendas, once the basics are completed to appease on and offshore interests. You may find only one politician today thus intuitively organized to improve edification, but would be extremely lucky, and hard pressed to find two, and those are easily sidelined, as happened before. The name Don Blackman MP, may he rest in paradise, is proof. There were very few, in the early days, who could hold a candle to the great minds found elsewhere in other stages of cognizance, it is much worse now, none exists anymore.

The younger individuals showing potential are yet to prove themselves, free of the negative influences of more domineering, duplicitous, annihilative mindsets. It became obvious candidates view political jobs as an entitlement complete with expected bells and whistles, but do not possess resoluteness to seize the moment and foment anything other than the shallow and frivolous as the proud and enduring faces of colonization: or why else would they so eagerly volunteer, knowing the real reason they were contracted, and as such, complete obedience to shifting doctrines not in the best interest of the general public is expected, or else.

A vast difference in intellectual output where great men and women who came before saw service to the people as a calling and not as an escalator to celebrity, glitz and glamour. A world that is currently filled to the brim with nauseous, naked exposures and coming apart at the seams in real time. Therefore wasting so many years and the people's millions building such a profile was futile and an exercise in how not to fabricate delusions and social climb on sinking sand.

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Caricom's Ungratefulness

The newer self-styled, known as fly-by-nighters only envision another way to self-market and run games at the expense of the treasury, like their predecessors. Those who came with great attention to detail, a burning desire to uplift and enrich the lives of populations, found themselves exiled by the many who held the same train of thought and pack mentality, to only upkeep the status quo for gratification using acting performances and oratory skills, translated as outright, shameless, stone cold manufactured lies that produces nothing positive. This class is attracted to political life like magnets, but everything would run smoother without them.



There was and still is no vision, therefore the word perish is now very popular, given they have run around in loops officially since 1952 and ended up back in 1951, seventy-four years later, an extended interval, exactly where they started out and belong, having to resume the entire process of wash, rinse and repeat. This time their old roles as "admired" and sitting at the top of the Caribbean pile of erosion, since the toppling, are reduced to subordinates to those they formerly openly glorified, placed before their people, enabling massive disrespect to the local majority within the economic and social lineup, since the 1960s. Now finding themselves in the same boat, having to kowtow to the ones who recently politically, spectacularly and flagrantly capsized them on Caricom's podium. Finally maneuvered into becoming dependent on and beholden to their sidekicks. The well deserved blighted plight of the sellout. O Karma!!



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Inherent Betrayals

Only a few remained receptive that Cuba's philanthropy is unparalleled, irreplaceable, and showed the country gratitude in this time of needed support. Definitively for what one island gained in terms of medical and other infrastructural assistance throughout the 1970s and early 1980s lasting until today. However, once given a voice on the worldstage, Guyana's newest star spoiled the moment and told all and sundry "that Caricom members had raised the issue of regime change in Cuba." This admission swiftly brought a massive and well earned backlash across the regional diaspora on social media.

Since no politician has ever used the same energies to address the generational instances of spurious poverty, manipulated crime and the focused criminalization targeting impoverished, deliberately depressed neighborhoods, the ugly face of criminal corruption within parliament settings, the drugs and guns allowed to flow freely, with daily recurrent violence and death as an undeniable repercussion, scarcity in prospects for the young and everyone else, inexplicable degrees of human rights abuses and elevated imbalances of equality. They are all yet to grow the intestinal fortitude to publicly announce, legally denounce and hold Guyana accountable for the documented deaths of over 200 Afrikan descended men and boys, candidly called a genocide, the thefts from Afrikan descended Guyanese, the exploitation, social reduction, and explain the dismissal and indifference shown when they too, at the Caricom roundtable are mostly of Afrikan

descent and said nothing, displayed no outrage, acted as though the lives of their people, lost to murderers did not matter, and never existed; this includes the lack of recognition about the poisonous practice of racism that fuels and sustains the system of political bribery, and its devastating effects. The vicious exposition and most recent regional electoral excursions and interference in other islands, a point of reference recently brought to our attention, combined with questionable election results now en vogue. The single handed ruination of agriculture, with not enough countries having food security, and recently compared to an incoming "humanitarian crisis" : because the focus is embedding further dependency, with rubbish talk about "punching above weight, world class and first class," while foreign interests are the only beneficiaries from tourism, with all monetary gains bypassing the islands, staying offshore and only the bare minimum is sent to pay overheads and maintenance.

A laundry list of major paralyzes within their domains. How then did a conversation within Caricom to remove a neighboring government that actually contributes to the enhancement of humanity, unlike Guyana and fellow Caribbean plotters, who would not know where to begin or how to cultivate such efficiency: take precedence over the above unethical, immoral, degenerate, inferior catalogue of bankruptcies and nethermost forms of misleading governance among that grouping, as outlined. Which of course, they will all blame on foreign masters, as willing, eager to please, participating assistants/assailants, then claim innocence. Or in this case, did minions mostly pioneer these negative outlooks all on their own, over epochs, to prolong a misconception of stature, popularity, and depictions of invincibility to the vulnerable general public, which is more plausible. The only time creativity is illustrated in the me, myself and I Preservation Society of politics.



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Inherent Betrayals

The only expertise witnessed is slinging contentious proclamations and legislative threats at a combined people, as mortal enemies. Which has done nothing to bolster anyone else's quality of life but their own, and minority partners'. These are the island overseers now heavily infected with reparations fever. Amun Ra

Judging from the below video dated March 16, 2026 Cuba is indeed ready for reformation and new business models, but Cubans will have to iron out the accompanying wrinkles themselves, and need no help from Caricom who should fix the magnitude and austerity of identifiable problems, concocted by their hands, that has significantly, and irreversibly decayed the social fabric in their own spaces:

Cuba will allow nationals abroad to invest in and own business on the island, economic czar says
<https://youtu.be/hwd6Anj9y1g>

The Cuban government promptly reacted by severing Guyana from its medical program. The images sent were not well received, and signified the repugnant betrayal of a friend, who never wavered in commitments to the people across the Caribbean. How dare this thankless person, descended from indentured servants, holding one of the worst possible characters and known track records of bad intent, would think it appropriate to flaunt his churlishness, uncaring attitude and readiness to condemn during his fifteen minutes of fame-seeking on Foxnews live, while inhabiting a house of cracked glass.

Another platform shared their thoughts across the region in relation to the Guyana declaration, "they are not leaders, they are not prime ministers, they are supervisors," Afro Grenadian Ambassador said with conviction. Finally reality dawned on the islands as a unified front about the still existing overseer class in different looking faces, than obtained prior. The immediate future goal for populations is to reject all political non-leadership to save themselves.

This authentic truism has washed over the collective as a wave, and now found on the lips of children in Afrika, that politicians were never real leaders, and fundamentally impossible given their training as unprincipled, viperish backbiters.

It is undeniable that no efficacy was added to the islands in the last sixty years of the political group's existence, they have nothing to show or offer beyond the scripted. Something has to give, this political horror show cannot persist.



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"Het Heru, Lady of the West, Thou of the starboard side,
Lady of the Sacred Land, Eye of Ra in his forehead,
Beautiful of face in the Bark of Millions of Years,
Seat of rest for the doer of righteousness
Ferryboat of the favored ones,
Whose place it is to provide the great Neshmet boat,
To take the righteous across." - **Coming Forth by Day Utterance 186**

Excerpt taken from Spiritual Warriors are Healers by: Mfundishu Jhutyms Ka N Heru Hassan K Salim

African Online Publishing

March 9, 2026

Is the Regional Security System (RSS) Compromised?

It became glaringly evident given the sudden grievous scandals circling the agency, the RSS could be dangerously jeopardized, and made nonfunctioning in the area of securing the entire archipelago from bad actors. I do not believe its creation is an accessible tool for island managers to weaponize against populations. It is not a toy to show how much power is available to wield or enforce concentrated fear on cross border communities for political gain, by those who seek to secure favorable election outcomes for a deleterious Red Cult, by using violence and terror, as happens on the Afrikan continent when the enemies of Afrikans pay for deadly strikes against the innocent in Sudan and other places for desired results. The two or three serious incidents reported from as far back as 2015 or 2016 "aggressing" Dominica, more recently Trinidad, and attributed to inappropriate perversion of the unit, signals a rupture within control mechanisms and the chain of command.

I am pretty sure the division's design was not intended for politicians to act out personal ambitions or state sanctioned animus. Therefore, restrictions are warranted so it is less easily available to prime ministers and their lackeys to further weaken its structures. The entity is in dire need of stringent, independent oversight outside of governmental reach. Members of cabinet are not trained or qualified to head the region's security services, and should not see it as another opportunity to present the lowest frequency emissions found in their minds, and misused as an arsenal. Neither should they have the leverage to issue devastating illegal directives surrounding an obsession to apply lower level political tactics, to depict a nonexistent privilege and the soft power allowed, with cataclysmic results. Political mouthpieces have become increasingly and threateningly barbaric, have escalated to unimaginable heights and should be retired.





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